



# **LUNCH MENU**

Allergy Note: Our restaurant prepares and serves products that contain peanuts, tree nuts, wheat, soy, milk, egg and fish. To ensure our guests' safety, we cannot guarantee any of our products are free of these allergens. If you suffer from an intolerance or allergy, please ask your server for a full list of allergens used.



### WELCOME TO LUNCH AT THE DROPPING WELL

WE SOURCE LOCAL PRODUCE WHERE POSSIBLE AND OUR BEEF IS 100% IRISH. SERVICE CHARGE IS NOT INCLUDED; GRATUITIES ARE AT YOUR DISCRETION

#### STARTER SELECTION OUR SEASONAL SOUP OF THE DAY Served with Homemade Guinness & Black Treacle Bread [1(A&C&D), 3, 7, 9, 12] **LEMON SOLE GOUJONS** Served with Homemade Tartar Sauce, Garden Pea Puree, Mixed Leaves & Lemon Wedge [1 (A), 3, 4, 7, 10] €14.00 **BURRATA BRUSCHETTA\_** Toasted Sourdough, Burrata, Cherry Tomatoes, Basil [1(A), 7]€15.00 GLIN VALLEY CRISPY CHICKEN WINGS Choose from Honey & Hot Sauce or Smokey BBQ Sauce. Served with Celery, & Cashel Blue & Mint Aioli. [1(A), 3, 7, 9, 10] SEAFOOD CHOWDER\_ €16.00 Daily Fresh & Natural Smoked Fish, Lissadell Bay Cockles, Roaring Water Bay Mussels & Prawns, Dill & Scallions. Served with Homemade Guinness & Black Treacle Bread. [1(A&C&D), 3, 2, 4, 7, 9, 12, 14] DALY'S SMOKED BBQ SALMON RILLETTE Served with Crème Fraîche, Aioli & Chives [3, 4, 7, 10] MAIN DISHES MARKET FISH OF THE DAY **PRICED DAILY** Please ask your server about today's catch & Allergens **SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN** €19.00 CHICKEN BURGER Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 7, 9, 10, 12] THE WELL'S STIR FRY Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles Add Chicken +€4 Add Prawns(2) +€6 [1 (A), 3, 6, 11, 12, 14] TRADITIONAL KILMORE QUAY COD & CHIPS\_ Bill Chawke's Legacy Lager Batter, with Homemade Tartare Sauce, Garden Pea Puree & Lemon Wedge [1 (A) 3, 4, 7, 10, 12] HOMEMADE LASAGNA AL FORNO €18.50 Layered with our Slow Cooked Beef Ragu, Creamy

Bechamel Sauce, Melted Buffalo Mozzarella & Aged Parmesan. Served with Toasted Garlic Ciabatta & Fries

HERB ROASTED CORN FED CHICKEN SUPREME \_€19.00

Served with Creamed Mash, Seasonal Farm Vegetables, Kale,

[1(A) 3, 7, 9, 12]

[1(A), 3, 7, 9, 12]

Stuffing & Roasting Juices

### **ROAST OF THE DAY**

| PRIME ROAST DRY-AGED, GRASS FED                       |         |
|---|---------|
| IRISH HEREFORD BEEF                                   | €23.50  |
| Served with Irish Butter Mash, Duck Fat Roast Potato, | Savoury |
| Stuffing, Seasonal Vegetables & Roasting juices.      |         |
| [1 (A) 7. 9. 12]                                      |         |

**OUR SECOND JOINT OF THE DAY\_\_\_\_\_PRICED DAILY**Please ask your server about today's roast & Allergens

### SEASONAL SALADS

| - 1 |  |  |
|-----|--|--|
|     | GREEN AVOCADO SALAD€14.00  |  |
| ĺ   | Avocado, Sundried Tomatoes, Croutons, Pine Kernels, Parmesan       |  |
| İ   | Cheese, Mixed Leaves & Pesto Dressing [1(A), 7, 8(PINENUTS), 12]   |  |
|     | THE DROPPING WELL'S CAESAR SALAD €14.00                            |  |
| ١   | Garlic & Herb Sourdough Croutons, Crisp Pancetta, Baby Gem,        |  |
| į   | Aged Parmesan, & a Creamy Caesar Dressing. [1(A), 3, 4, 7, 10, 12] |  |
|     | BEETROOT & GOATS CHEESE SALAD€14.00                                |  |
|     | Rocket, Kale, Smoked Almonds, Pear, Radish Frisee, Cherry          |  |
| İ   | Tomatoes,Cherry & White Balsamic Dressing [7, 8(A), 12]            |  |
| i   | [1, 0(7), 12]  |  |

#### **ADD PROTEIN:**

| Lemon & Thyme Roasted Manor Farm Chicken | €4.50 |
|--|-------|
| Mediterranean Falafel (1(A), 11)         | €4.00 |
| Chargrilled Chilli & Garlic Prawns (2)   | €6.00 |

# GOURMET SANDWICHES & WRAPS

Our Gourmet Sandwiches are served with Fries or Soup

| GRILLED HAMBO  | €14.50  |
|--|---------|
| Irish Cheddar, Pulled Limerick Ham, Caramelised Onions, Grilled on Sourdough. [1(A),7,12]                  | •       |
| CHAR-GRILLED CHICKEN   | _€14.50 |
| Garlic & Thyme Chargrilled Chicken, Sun Blushed Tomato<br>Onion, Basil & Lemon Aioli.<br>[1 (A) 3, 10, 12] | es, Red |
| HALLOUMI & FALAFEL WRAP<br>Grilled Halloumi, Mediterranean Falafel, Shredded Baby                          |         |

Grilled Halloumi, Mediterranean Falafel, Shredded Baby Gem, Cherry Tomatoes, Red Onion & Tzatziki.