

LUNCH MENU

Allergy Note: Our restaurant prepares and serves products that contain peanuts, tree nuts, wheat, soy, milk, egg and fish. To ensure our guests' safety, we cannot guarantee any of our products are free of these allergens. If you suffer from an intolerance or allergy, please ask your server for a full list of allergens used.



WELCOME TO LUNCH AT THE DROPPING WELL

WE SOURCE LOCAL PRODUCE WHERE POSSIBLE AND OUR BEEF IS 100% IRISH. SERVICE CHARGE IS NOT INCLUDED; GRATUITIES ARE AT YOUR DISCRETION

STARTER SELECTION

| OUR SEASONAL SOUP OF THE DAY€8.00 | ļ |
|--|-----|
| Served with Homemade Guinness & Black Treacle Bread [1(A&C), 7, 9, 12] | |
| LEMON SOLE GOUJONS€15.00 | |
| Served with Homemade Tartar Sauce, Garden Pea Puree, Mixed Leaves & Lemon Wedge [1 (A&C) 2, 3] | |
| MACROOM BURRATA€13.50 | F |
| West Cork Burrata with Heirloom Tomato, Tomato Velouté, Fresh Basil ^{(7, 9]} | |
| GLIN VALLEY CRISPY CHICKEN WINGS€15.00 | |
| Choose from Honey & Hot Sauce or Smokey BBQ Sauce. | İ |
| Served with Celery, & Cashel Blue & Mint Aioli. [3, 6, 9, 10, 12] | j / |
| (5, 6, 9, 10, 12) SEAFOOD CHOWDER €15.50 | |
| Daily Fresh & Natural Smoked Fish, Lissadell Bay Cockles, Roaring Water Bay Mussels & Prawns, Dill & Scallions. Served with Homemade Guinness & Black Treacle Bread [1 (A&C), 2, 4, 7, 9, 12, 14)] | |
| IRISH OAK SMOKED SALMON €13.50 | [. |
| Served with Pickled Fennel, Herb Cream Cheese, Lemon, and | |
| Homemade Guinness & Black Treacle Bread | |
| [1(A&C), 4, 7, 12] | [|
| | ļ |
| MAIN DISHES | |
| | 1 1 |
| MARKET FISH OF THE DAYPRICED DAILY Please ask your server about todays catch & Allergens | |
| | |
| Please ask your server about todays catch & Allergens | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles Add Chicken +€4 Add Prawns(2, 12) +€6 [1 (A), 3, 6, 9, 11, 14] | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles Add Chicken +€4 Add Prawns(2, 12) +€6 [1 (A), 3, 6, 9, 11, 14] TRADITIONAL KILMORE QUAY COD & CHIPS€21.50 Bill Chawke's Legacy Lager Batter, with Homemade Tartar Sauce, Garden Pea Puree & Lemon Wedge | ¦ 0 |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(4) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles Add Chicken +€4 Add Prawns(2, 12) +€6 [1 (A), 3, 6, 9, 11, 14] TRADITIONAL KILMORE QUAY COD & CHIPS€21.50 Bill Chawke's Legacy Lager Batter, with Homemade Tartar Sauce, Garden Pea Puree & Lemon Wedge [1 (A) 3, 4, 10, 12] | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles Add Chicken +€4 Add Prawns(2, 12) +€6 [1 (A), 3, 6, 9, 11, 14] TRADITIONAL KILMORE QUAY COD & CHIPS€21.50 Bill Chawke's Legacy Lager Batter, with Homemade Tartar Sauce, Garden Pea Puree & Lemon Wedge [1 (A) 3, 4, 10, 12] HOMEMADE LASAGNA AL FORNO€18.50 Layered with our Slow Cooked Beef Ragu, Creamy Bechamel Sauce, Melted Buffalo Mozzarella & Aged | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER€18.50 Smokey BBQ Sauce, Melted Smoked Applewood Cheddar, Streaky Rasher, Crisp Lettuce, Sliced Tomato, Caramelised Red Onion & Pickle, on a Toasted Brioche Bun. Served with Fries [1(A) 3, 6, 7, 9, 10, 12] THE WELL'S STIR FRY€18.50 Stir Fried Vegetables Tossed in House Ginger & Oyster Sauce Served with Rice or Noodles Add Chicken +€4 Add Prawns(2, 12) +€6 [1 (A), 3, 6, 9, 11, 14] TRADITIONAL KILMORE QUAY COD & CHIPS€21.50 Bill Chawke's Legacy Lager Batter, with Homemade Tartar Sauce, Garden Pea Puree & Lemon Wedge [1 (A) 3, 4, 10, 12] HOMEMADE LASAGNA AL FORNO€18.50 Layered with our Slow Cooked Beef Ragu, Creamy Bechamel Sauce, Melted Buffalo Mozzarella & Aged | |
| Please ask your server about todays catch & Allergens SOUTHERN FRIED BUFFALO BUTTERMILK CAJUN CHICKEN BURGER | |

[1(A), 7, 9]

ROAST OF THE DAY

PRIME ROAST DRY-AGED, GRASS FED

RISH HEREFORD BEEF PRICED DAILY erved with Irish Butter Mash, Duck Fat Roast Potato, Savoury stuffing, Seasonal Vegetables & Roasting juices. 1 (A) 7, 9, 12]

OUR SECOND JOINT OF THE DAY **PRICED DAILY**

Please ask your server about todays roast & Allergens

SEASONAL SALADS

| GREEN AVOCADO SALAD | €14.00 |
|--|-------------------|
| Avocado, Sundried Tomatoes, Croutons, Pine k | Kernels, Parmesan |
| Cheese, Mixed Leaves & Pesto Dressing | |
| [1(A), 7, 12] | |

THE DROPPING WELL'S CAESAR SALAD €14.00 Garlic & Herb Sourdough Croutons, Crispy Pancetta, Baby Gem, Aged Parmesan, & a Creamy Caesar Dressing. 1(A), 3, 4, 7, 10, 12

ARDSALLAGH GOATS CHEESE SALAD €14.00

Beetroot, Rocket, Kale, Smoked Almonds, Pear, Radish Frisee, Cherry Tomatoes, Cherry & White Balsamic Dressing 7, 8(A), 12

ADD PROTEIN:

| Lemon & Thyme Roasted Manor Farm Chicken | <u> </u> €4.50 |
|--|----------------|
| Mediterranean Falafel | <u></u> €4.00 |
| Char-grilled Chili & Garlic Prawns (2, 12) | €6.00 |

GOURMET SANDWICHES & WRAPS

Our Gourmet Sandwiches are served with Fries or Soup

GRILLED HAMBO

€14.00

€14.00

rish Cheddar, Pulled Limerick Ham, Caramelised Onions, Grilled on Sourdough. (A),7,10,12]

CHAR-GRILLED CHICKEN

€14.00 Garlic & Thyme Char-grilled Chicken, Sun Blushed Tomatoes, Red Onion, Basil & Lemon Aioli. (A) 3, 10, 12]

ALLOUMI & FALAFEL WRAP

Grilled Halloumi, Mediterranean Falafel, Shredded Baby Gem, herry Tomatoes, Red Onion & Tzatziki. (A).3,7,11]

Gluten (IA)Wheat (IB)Rye (1C)Barley (1D)Oats • 2. Crustaceans • 3. Eggs • 4. Fish • 5. Peanuts 6. Soy • 7. Milk •
 Nuts (8A)Almonds (8B)Hazelnuts (8C)Walnuts (8D)Cashew (8E)Pecan (8F)Brazil (8G)Pistachio (8H)Macadamia
 Celery • 10. Mustard 11. • Sesame 12. Sulphites • 13. Lupin • 14. Molluscs